**Gloria J. Gomez**

*Curriculum Vitae*

1510 Summit Avenue Apt. 3

Union City, NJ, 07087

(201) 920-9316

gloria.gomez@nyspi.columbia.edu

**Education**

**Rutgers University, The State University of New Jersey—New Brunswick**  2016-2020

B.A. with Honors Research Scholar in Psychology

Minor in English Literature

*Summa Cum Laude, Phi Beta Kappa*

School of Arts and Sciences Honors Program

Overall GPA: 4.00; Major GPA: 4.00

**Honors Thesis:** “The Role of Anxiety Sensitivity in Understanding Sex Differences in

Physical Activity Behavior”

**Advisor:** Samantha G. Farris, Ph.D., Assistant Professor of Psychology

**Publications**

***Under Review***

**Gomez, G. J.,** Burr, E. K., DiBello, A. M., & Farris, S. G. (under review). Understanding sex

differences in physical activity behavior: The role of anxiety sensitivity. *[Mental Health*

*and Physical Activity.]*

**Conference Presentations**

**Gomez, G. J.**, Burr, E. K., Kibbey, M. M., & Farris, S. G. (2020, November). *Understanding sex*

*differences in physical activity behavior: The role of anxiety sensitivity.*Poster accepted for presentation at the 2020 Annual Convention of Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

Kibbey, M. M., DiBello, A. M., Babu, A. A., **Gomez, G. J.**, & Farris, S. G.  (2020, April).

*Validation of the Valuing Questionnaire in a Cardiovascular Disease Sample.* Poster presented at the 41st annual scientific meeting of the Society for Behavioral Medicine (SBM), in San Francisco, CA.

**Research Experience**

September 2020-Present New York, NY

**Research Coordinator, Anxiety Disorders Clinic**

*Columbia University Medical Center/New York State Psychiatric Institute*

Director: Franklin R. Schneier, M.D.

*A Phase 3, Multicenter, Randomized, Double-blind Trial of Brexpiprazole as Combination Therapy with Sertraline in the Treatment of Adults with Post-traumatic*

*Stress Disorder*

PI: Franklin R. Schneier, M.D.

* Coordinate randomized clinical trials for novel use of Brexpiprazole in patients with PTSD

*Gaze-contingent music reward therapy for social anxiety* [R61-MH116089]

PI: Franklin R. Schneier, M.D.

* Manage participant outreach for brief, low-cost social anxiety disorder intervention

December 2018-Present Piscataway, NJ

**Research Assistant, Rutgers Emotion, Health, and Behavior Laboratory**

*Rutgers, The State University of New Jersey—New Brunswick*

Director: Samantha G. Farris, Ph.D.

*Daily-level Analysis of Ovarian Hormones, Smoking, and Anxiety* [R21-DA04182]

PI: Samantha G. Farris, Ph.D.

* Conduct telephone screenings with potential participants through Qualtrics data entry
* Train new research assistants on telephone screening procedures
* Coordinate management of participant outreach and scheduling using Excel
* Provide weekly compliance feedback to participants
* Administer in-person psychological assessments like the Timeline Followback
* Perform carbon-monoxide analysis (piCO+ Smokerlyzer carbon monoxide monitor)
* Update study progress and compliance for enrolled participants via FileMaker Pro v.17
* Track and analyze ecological momentary assessment (EMA) data through MetricWire
* Monitor physical activity data with ActiGraph wGT3X-BT physical activity monitors and ActiLife v.6 software
* Collect and evaluate saliva sample viability
* Data entry and cleaning via IBM SPSS Statistics v. 26
* Prepare research materials for baseline appointments and weekly follow-up visits

*Qualitative Feedback Informing Development of the Exercise Sensations and Avoidance Scale*

PI: Samantha G. Farris, Ph.D.

* Transcribe participant feedback during qualitative interviews
* Manage data entry for qualitative feedback using Excel
* Orient participants to the study and provide instructions on survey completion
* Consent and enroll participants
* Manage participant recruitment
* Collaborate in synthesizing participant feedback to inform measure development

*Other Tasks and Roles*

* Collaborate on drafting of exercise testing laboratory manual outlining metabolic equipment assembly and metabolic testing procedures for ParvoMedics Metabolic Cart M200
* Conduct background literature reviews to inform future research that utilizes exercise psychophysiology and metabolic equipment
* Record and edit metabolic testing training videos for future research assistant use
* Inform research procedures via literature reviews of physical distress-inducing stimuli

December 2017-December 2018 Piscataway, NJ

**Research Assistant, Racism, Identity, Coping, and Health Laboratory**

*Rutgers University, The State University of New Jersey—New Brunswick*

Director: Lori S. Hoggard, Ph.D.

* Collected physiological data from participants, including electric heart activity (ECG), cardiac impedance, and blood pressure via MindWare and BioLab Acquisition Software Model 60-0107-00
* Assembled physiological equipment on participants for set-up on MindWare 8-Slot BioNex Model 50-3711-08
* Instructed participants throughout research trials
* Consented and enrolled participants in study assessing physiological response to stress-induction tasks in undergraduate students
* Edited photographs of industry professionals for inclusion in a nationwide survey assessing African American participants’ attitudes towards physical appearance

**Clinical Experience**

September 2018-December 2018 Piscataway, NJ

**Undergraduate Psychology Intern at Rutgers University Behavioral Health Care (UBHC)**

*UBHC Child and Adolescent Psychiatric Inpatient Unit*

Supervisor: Beth Bromberg, LPC

* Translated for psychiatrists and mental health clinicians during intake interviews and/or family therapy sessions for Spanish-speaking families
* Attended individual, group, and family therapy sessions involving child and adolescent patients assigned to the internship supervisor
* Provided feedback on treatment progress to patients interested in moving up “levels” to gain more privileges on the unit
* Interacted and participated in art therapy and social skills training groups with adolescent patients under the supervision of behavioral assistants

**Awards & Achievements**

Matthew Leydt Society 2020

Dean’s Excellence Award 2020

Henry Rutgers Scholar Award 2020

School of Arts and Sciences Paul Robeson Scholar 2020

John R. Z. Abela Award for Excellence in Clinical Psychology Research 2020

Dorothy and David Cooper Scholarship at New Brunswick 2020

Alice and Walter Phillips Award for Outstanding Honors Proposal 2019

Voorhees Loan and Scholarship Fund 2019

Class of 1963 Good Citizen Scholarship 2019

Agnes V. Taino Memorial Endowed Scholarship 2018-2020

Class of 1909 Scholarship 2018-2020

Carol Thomas Nied Scholarship 2018

Ann Pihlman Neupauer Memorial Scholarship 2017

Douglass College New Student Scholarship Award 2016

The Give Back Foundation of NJ Scholarship 2016

Rutgers Scarlet Scholarship 2016-2020

The Dean’s Scholarship 2016-2020

Dean’s List, School of Arts and Sciences 2016-2020

**Leadership Experience**

September 2017-May 2020 Rutgers University—New Brunswick

**Co-President of Rutgers’ Reach Out and Read (ROAR)**

* Plan and organize on-campus events to raise funds for new children’s books to distribute to pediatric patients at the Eric B. Chandler Health Center in New Brunswick, NJ in an effort to promote childhood literacy
* Volunteer at the Eric B. Chandler Health Center by reading books to child patients at the clinic
* Translate books for Spanish-speaking children and assist student members trying to communicate with Spanish-speaking families

September 2017- May 2020 Rutgers University—New Brunswick

**Vice President of Voice Magazine**

* Edit staff articles and design page layouts for semesterly magazine issues
* Write feature articles about on-campus student leaders and organizations dedicated to students of color and their university-wide contributions

September 2017-May 2020 Rutgers University—New Brunswick

**School of Arts and Sciences Honors Program (SASHP) Peer Mentor**

* Arrange monthly meetings with freshman mentee to discuss personal and academic goals for the school year
* Provide mentee with information on upcoming university events, course offerings, extracurricular activities, and career opportunities based on interests

**Skills & Certificates**

* Native Spanish speaker
* Data entry and analysis via Qualtrics
* Proficient in statistical data entry and analysis via IBM SPSS Statistics 26
* Ecological momentary assessment (EMA) data collection and analysis via MetricWire
* Proficient in conducting literature reviews using Google Scholar, PsycINFO, and PubMed databases
* Ambulatory physical activity data collection and analysis through ActiGraph wGT3X-BT and ActiLife v. 6 software
* Metabolic analysis via ParvoMedics M200 Metabolic Cart
* ECG/EKG physiological analysis via MindWare
* Proficient in Microsoft Office and FileMaker Pro v. 17
* Collaborative Institutional Training Initiative (CITI) Certified for Human Subjects Research

**Professional Memberships**

Society of Clinical Child and Adolescent Psychology (SCCAP) 2019-Present

Association of Behavioral and Cognitive Therapies (ABCT) 2020-Present