
Denise Ventura

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Career Objective

Construct a career path in the field of psychology with my understanding and genuine compassion for people. My long-term goal is becoming a psychiatrist and providing assistance to clients suffering from psychological distress.

Education

Brookdale Community College, Associates of the Arts (A.A.): Psychology – Graduation Date:
May 2018

GPA – 3.74

Rutgers, Bachelor's Degree, School of Arts and Sciences (SAS): Psychology – Graduation Date:
May 2020

GPA – 3.56

Professional Experience

Lifeguard – 06/2016 to 08/2016

Rolling Hills Day Camp Freehold, NJ

- Responsible for teaching swim lessons to five different groups of children with up to ten children at a time, ages 5-13.
- Scheduled specific lesson plans each day and adapted to the learning styles of the group as a whole.
- Reported and updated the progress of each child's skills on a daily basis, ultimately determining whether or not they were prepared to advance to a higher-ranking swim group.
- Prepared the younger children for their deep-water exam: the child must display their ability to swim freestyle across the length of the pool, followed by a minute of treading water in the deep-end of the pool without difficulty.
- Supervised and ensured the children's safety as they swam and used slides during free periods.

Receptionist – 09/2016 to Current

Studio 34 Salon – Matawan, NJ

- Responsible for maintaining the reception area of the salon in a neat and organized fashion.
- Greeting clients and visitors as they enter the salon while responding to telephone and in-person requests for information.
- Directly responsible for book-keeping and schedule coordination on a computer for thirteen women, responsibilities include:
 1. Keeping schedules of hairdressers and nail technicians running smoothly.
 2. Booking appointments for returning and new clients, while ensuring clients with standing appointments are continuously booked.
 3. Handling all of the business' money, including collecting money from clients before leaving, writing checks, and totaling up the amount of money each worker has made by the end of the week.
- Train newly hired employees and employees who are ready for receptionist responsibilities.
- Conduct interviews with potential employees, selecting only those who demonstrate responsibility and leadership qualities.
- Communication skills honed over the course of countless client interactions.
- Established repeat customer base with high level of customer service, validated through unsolicited positive feedback on attitude, personality, and professionalism.

Research Assistant–

01/2019 to Current

RICH Lab, Physiological Monitor–

Rutgers University

- Conducting experimental data collection alongside a physiological experimenter in a lab setting.
- Our lab focuses on the physiological processes that are related to decision-making.
- Responsible for setting up monitoring equipment on volunteer participants to prepare for physiological data collection.
- Observing the heart rate of the participants from a remote location through a computer monitor and an audio sound system.
- Developing professional habits during researcher-participant interaction.
- Working to attain proper terminology to standardize the procedure, in an effort to minimize the possibility of variation.

Skills

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| • Efficient multi-tasker | • Very adaptable |
| • Proficient organization skills | • Experienced in conflict-resolution |
| • Well-developed communication and relationship-building skills | • Uses creativity to problem-solve |
| • Excellent time-management | • Capable in Microsoft Office and PowerPoint |

Volunteer Work

Elijah's Promise Soup Kitchen–

09/2018 to 12/2018

New Brunswick, NJ

- Assisted kitchen crew while preparing for lunch rush by preparing foods for lunch, serving individuals who were visiting the kitchen, and helping to clean the kitchen up after the rush had ended.
- Set tables and prepared the dining room for people visiting.
- Assisted individuals with special requests.
- Swept floors and wiped down tables as the rush slowed down.
- Stacked chairs after lunch time and began to prepare for dinner.