

Aleksandr Tikhonov

955 Coney Island Ave. #410, Brooklyn, NY 11230
747.229.6506 | aleksandrtikhonov26@gmail.com

EDUCATION

Ph.D. Social Psychology, May 2023 (Expected)
Rutgers University, New Brunswick
- Advisor: Lori Hoggard, Ph.D.

M.A. Psychology, May 2015
City College of New York, City University of New York
- Master's thesis: Cultural Identity and Attenuated Psychotic Symptoms
- Thesis Advisor: Deidre M. Anglin, Ph.D.
- Nominated for Best Thesis Award, CCNY 2015

B.A. Psychology, May 2012
California State University, Northridge

RESEARCH EXPERIENCE

Graduate Research Assistant September 2018 – Present
Racism, Identity, Coping, and Health Lab (RICH)
Rutgers University, New Brunswick
PI: Lori Hoggard, PhD

Research Coordinator/Lab Manager June 2015 – July 2018
Applied Research on Immigration, Performance and Psychology Lab (ARIPP)
City College of New York
PI: Adriana Espinosa, PhD

- Studies
 - **Ethnic Identity and Perceived Stress Among 1st and 2nd Generation Immigrants to the US.**

Lab Manager May 2015 – July 2018
Spielman Social Science Research Lab
City College of New York

Data Coordinator September 2014 – July 2018
Clinical and Social Epidemiology Laboratory
City College of New York
PI: Deidre M. Anglin, PhD

- Studies
 - **Prevalence of Attenuated Psychotic Symptoms among Black and White Immigrants and Non-immigrants in the US.**

Project Coordinator

June 2015 – June 2016

Project title: Social Exclusion and Psychosis Risk Among Urban Ethnic Minority Emerging Adults

PI: Deidre M. Anglin PhD

Grant: National Institute on Minority Health and Health Disparities (NIMHD) of the National Institutes of Health under award # U54MD008149, Research Centers in Minority Institutions Translational Research Network (awarded to Deidre M. Anglin).

Clinical Interviewer

September 2014-June 2016

Project Title: Clinical Disorders and Symptoms Associated with Attenuated Positive Psychotic Symptoms

City College of New York

PI: Deidre M. Anglin, PhD

Grant: PSC CUNY Grant Award: # 67739-00 45, The City College of New York (awarded to Deidre M. Anglin).

Graduate Research Assistant

September 2013-September 2014

Clinical and Social Epidemiology Laboratory

City College of New York,

PI: Deidre M. Anglin, PhD

- Studies
 - **Impact of Ethnic Identity and Racial Discrimination on Subthreshold Psychotic Symptoms**

Undergraduate Research Assistant

January 2012-June 2013

Culture and Intergroup Relations (CAIR) Laboratory

California State University, Northridge

PI: Que-Lam Huynh, PhD

- Studies
 - **The Effectiveness of National Identity Assertion for Ethnic Majority- and Minority-Group Political Candidates**
 - **Response Styles in Bi-Lingual Hispanic Americans**

PEER REVIEWED PUBLICATIONS

- **Tikhonov, A. A.**, Espinosa, A., Huynh, Q.-L., & Anglin, D. M. (2019). Bicultural Identity Harmony and American Identity Are Associated With Positive Mental Health in U.S. Racial and Ethnic Minority Immigrants. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <http://dx.doi.org/10.1037/cdp0000268>
- Espinosa, A., **Tikhonov, A.**, Ellman, L. M., Kern, D. M., Lui, F., & Anglin, D. (2018). Ethnic Identity and Perceived Stress Among Ethnically Diverse Immigrants. *Journal of immigrant and minority health*, 20(1), 155-163.
- Anglin, D. M., Lui, F., Espinosa, A., **Tikhonov, A.**, & Ellman, L. (2018). Ethnic Identity, Racial Discrimination and Attenuated Psychotic Symptoms in an Urban Population of Emerging Adults. *Early Intervention in Psychiatry*, 12(3), 380-390.

- Espinosa, A., **Tikhonov, A.**, & Jorgenson, J. (2016). Increasing Retention in Mathematics Courses: The Role of Self-Confidence in Mathematics in Academic Performance. *Proceedings of the 21st International Academic Conferences of the International Institute of Social and Economic Sciences, February 9-12, Miami, FL.*

MANUSCRIPTS UNDER REVIEW

- Huynh, Q.-L., Nguyen, A.-M. D., Devos, T., Clemens, B., & **Tikhonov, A. A.** "Ain't I an American?" Testing the Effectiveness of National Identity Assertion for Ethnic Minority Political Candidates.

CONFERENCE PRESENTATIONS

- Anglin, D. M., **Tikhonov, A.**, Tayler, R., DeVlyder J. E., (April, 2019). The Role of Aberrant Salience in The Association Between Early Cannabis Use and Psychotic-Like Experiences. Paper presented at the annual Congress of the Schizophrenia International Research Society, Orlando, Florida. Abstract published in Schizophrenia Bulletin 45(Supplement 2):S168-S168 DOI: 10.1093/schbul/sbz021.200
- Anglin, D. M., **Tikhonov, A.**, & Lui, F. (March, 2015). Ethnic Isolation and Racial Discrimination Influence Attenuated Psychotic Symptomatology. Paper symposium presented at the 19th international congress for the International Society for Psychological and Social Approaches to Psychosis, New York, NY.
- Anglin, D. M., Magloire, S., **Tikhonov, A.** (March, 2015). Race and Immigration Status Influences Attenuated Psychotic Symptomatology. Paper presented at the 19th international congress for the International Society for Psychological and Social Approaches to Psychosis, New York, NY.
- Anglin, D., **Tikhonov, A.**, & Ellman, L. (February, 2015). Social Location and Psychosis Risk: Race and Immigration Status Influences Attenuated Psychotic Symptomatology. Paper symposium presented at the 32nd annual Winter Roundtable conference at the Teachers College, Columbia University, New York, NY.

CHERRIED POSTER PRESENTATIONS

- **Tikhonov, A. A.**, Hoggard, L. S., Espinosa, A., & Anglin, D. M., (February 2020). Ethnic Identity Affirmation Partially Mediates the Relation between Perceived Discrimination and Bicultural Identity Conflict among Racial and Ethnic Minority Immigrants to the U.S. Poster to be presented at the 21st annual convention for the Society for Personality and Social Psychology, New Orleans, LA.
- Anthonipillai, N., **Tikhonov, A.**, Sigurjonsson, J., & Espinosa, A. (February, 2019). Compounded Stereotype Threat and Working Memory Function: Does Making the Same Stereotype Salient More than Once Compound the Effects? Poster presented at the 20th annual convention for the Society for Personality and Social Psychology, Portland, OR.
- **Tikhonov, A.**, Juste, V., Espinosa, A., & Anglin, D.M. (May 2018). The Mediating Effect of Bicultural Identity Conflict in the Relationship Between Racial Discrimination and Mental Health. Poster presented at the 30th annual conference for the Association for Psychological Sciences, San Francisco, CA.
- Anglin, D., Fertuck, E., **Tikhonov, A.**, Deokinanan, S., Grinband, J., & Wilson, S. (March

2017). The Psychophysiological Effects of Racially Primed Social Exclusion Among Ethnic Minorities with Attenuated Psychotic Symptoms. Poster presented at the 16th annual International Congress on Schizophrenia Research, San Diego, CA.

- **Tikhonov, A.,** Anglin, D., Ellman, L., & Espinosa, A. (May 2016). Ethnic Identity, Family Income, and Race Predict Stress Sensitivity among Immigrants to the U.S. Poster presented at the 28th annual conference for the Association for Psychological Sciences, Chicago, IL.
- **Tikhonov, A.,** & Anglin, D. (May 2015). Bicultural Identity, Racial Discrimination, and Attenuated Psychotic Symptoms. Poster presented at the 27th annual conference for the Association for Psychological Sciences, New York, NY.
- **Tikhonov, A.,** Anglin, D., & Ellman, L. (February 2015). Immigration Status Influences Attenuated Psychotic Symptomatology among Whites Living in the US. Poster presented at the 32nd annual Winter Roundtable conference at the Teachers College, Columbia University, New York, NY.
- Lui, F., **Tikhonov, A.,** Ellman, L., & Anglin, D. (February, 2014). Impact of ethnic identity and racial discrimination on subthreshold psychotic symptoms. Poster presented at the 31st annual Winter Roundtable conference at the Teachers College, Columbia University, New York, NY.
- **Tikhonov, A. A.,** Howel, J. E., Downey, N., Huynh, Q. L., & Nguyen, A. M. D. (May 2013). Acculturative predictors of bicultural Mexican Americans' response styles in English and Spanish. Poster presented at the 25th annual conference for the Association for Psychological Sciences, Washington, DC.

POSTER PRESENTATIONS AS ADVISOR

- Danies, A., **Tikhonov, A.,** Ellman, L. M., & Anglin, D. M. (May 2016). Ethnic Identity, Discrimination, and Rejection Sensitivity in Multiracial Individuals. Poster presented at the 7th Annual All-Psychology Doctoral Student Research Day at the CUNY Graduate Center, New York, NY.
- Smalls, T., Andjembe, E., **Tikhonov, A.,** Espinosa, A., & Anglin, D. M. (April, 2016). Racial Microaggressions, Ethnic Identity, and Anxiety. Poster presented at the 44th annual Hunter College Psychology Convention, New York, NY.
- Davis, P., Deokinanan, S., **Tikhonov, A.,** Anglin, D. M., & Espinosa, A. (April, 2016). An Analysis of the Relation between Trait Emotional Intelligence, Perceived Stress and Academic Performance. Poster presented at the 44th annual Hunter College Psychology Convention, New York, NY.
- Deokinanan, S., **Tikhonov, A.,** Anglin, D. M., & Espinosa, A. (April, 2016). An Epidemiological Study of the Selection and Use of Alcohol and Marijuana among Undergraduates Who Self-Report Symptoms of Depression, Anxiety and Stress. Poster presented at the 44th Annual Hunter College Psychology Convention, New York, NY.

TEACHING EXPERIENCE

Adjunct Lecturer

Spring 2017 – Fall 2018

School of Professional Studies, City University of New York

Classes Taught (online):

- Introduction to Research Methods
- Advanced Research methods

Teacher's Assistant

Cognitive Psychology Lab Instructor Spring - Fall 2019
Rutgers University, New Brunswick
Instructor: Eileen Kowler, PhD

Introductory Psychology Fall 2018
Rutgers University, New Brunswick
Instructor: Lyra Stein, PhD

Research Methods in Psychology Fall 2015
City College of New York
Instructor: Deidre M. Anglin PhD

Supplementary Instructions Leader Fall 2011
Introductory Statistics
California State University, Northridge

Guest Lectures:

Topic: *Descriptive Statistics in SPSS* Spring 2016
City College of New York
Graduate Introductory Statistics
Instructor: Adrianna Espinosa, PhD

Topic: *Introduction to Factorial Design* Fall 2015
City College of New York
Undergraduate Experimental Psychology
Instructor: Deidre M. Anglin PhD

Topic: *Ethics in Psychological Research* Fall 2015
City College of New York
Undergraduate Experimental Psychology
Instructor: Deidre M. Anglin PhD

HONORS

Dean's List, California State University, Northridge Fall 2010 – Spring 2012

PROFESSIONAL AFFILIATIONS

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CERTIFICATIONS

Structured Interview for Prodromal Syndromes September 2014
PRIME Clinic at Yale University

SKILLS

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- Fluent in English and Russian
 - Proficient in Photoshop, Excel, Word, SPSS, Power Point, Qualtrics, BIOPAC AcqKnowledge